

Look with Us at an Unprecedented Year

Go inside to hear from teachers, staff, students, and alumni. You'll find stories from *The Talisman* and *The Seattle Times* plus ones you'll only see here.

Ballard High School Foundation Golden Beaver Scholarship Recipients for 2021

Learn all about our scholarship process and hear from a new donor in this issue, then look for stories about our scholars in the Fall issue.



Right to Left

Top Row: Bella Angelos, Ella Babcock, Ethan Barnes, Bela Bodik, Gavin Bradler, Eleanor Brosius, Trinity Brown
Middle Row: Zoe Bumstead, Ben Caffee, Adria Cooper, Isabella Crone-Baron, Aurora Ehrlich, Madeline Mott, Ben Murphy
Bottom Row: Anabelle Falconer, Cosette LaChance, Kristiane Maynard, Clara Mooney, Bronson Scott, Zoe Seeman, Philomene Sturgeon

And don't miss the update from one of last year's scholars!

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A Message From the Principal

by Keven Wynkoop '94, BHS Principal, parent, and Golden Beaver Scholarship recipient

Ballard Alums and Supporters,
For months and months, there was so little that changed and then out of nowhere, on March 12 Governor Inslee announced that in-person school would start again on April 19. One month may seem like a long time to make this happen, but the realities of reaching a bargained agreement and the endless list of protocols was enough to give all of us whiplash.

Seattle settled on a system with students attending in-person two afternoons per week and having two afternoons of digital calls, in addition to continuing to have digital calls in the morning as well. Students were then divided into one of three cohorts: in-person on Monday and Tuesday, in-person on Thursday and Friday or they could choose to stay fully remote. 71% of Ballard's students chose to take advantage of the in-person option, which was among the highest high schools in Seattle.

That was just the beginning of the challenges. Every room in the building had



to have the furniture re-arranged to fit the classroom requirements of having teachers eight feet from students, all students six feet apart in all directions and all desks facing the same direction. Once the furniture

was arranged in this manner, that established what the room capacity was (mostly between 13 and 16) and we had to look at both cohorts for every class to make sure that they did not exceed the newly set room capacity.

Balancing the cohorts and attempting to grant requests that families made for certain cohorts then took most of Spring Break. It wasn't exactly a trip to Hawaii, but I was so excited to be welcoming students back to school that it was definitely worth it. The most valuable tool was a six-foot stick that I used to re-arrange furniture in classrooms when I needed to increase capacity to make the cohorts work. I enjoyed that it was like a gigantic, complicated puzzle, but there were definitely times that my eyes glazed over looking at class lists for students to switch.

Now that in-person school has started, it is so exciting to have students here four afternoons per week. Even the mundane protocols like checking students into the building each day bring so many opportunities to quickly visit with and get to know students. It is important to note though, that across the school district we saw higher percentages of students of color choosing to stay home, which is a huge reminder that we need to make sure that Ballard and SPS are as positive and welcoming for students of color, as they are for our white families.

The first shortened season of athletics was a major success. Even though some athletes chose to opt out, athletics were a great outlet and way to make friends for many of our students. The camaraderie and joy was far more important than any of the wins and losses. The second season recently started and I am worried that the again rising Covid numbers are going to negatively impact the seasons of the high-risk sports (basketball, cheer and wrestling), but at this point, they are all appreciating the opportunity to be together as a team.

There are a limited number of other activities happening as well. The Performing Arts Department offered a virtual production of *Spring Awakening* on May 6-8 and 13-15. Go to ballardperformingarts.org for more information. We are also looking forward to being able to host an in-person graduation for our Seniors. This class has been through so much in the last 14 months that I am excited to give them the sendoff that the Class of 2020 did not get to have.

Fingers crossed that the age of people eligible for vaccines gets reduced in the next month or two and that this leads to us being back at school full-time in the Fall. I'm not sure whether we will be able to host school assemblies or fill up the stands at football games, but at this point I am just happy with progress.

It's Always Great to be a Beaver!
Keven Wynkoop
Principal



Keeping All of Us Up To Date



Diane Taylor, who should be credited through this issue.

In Memoriam

Acknowledging those whose loss has been reported to us since last fall. (September 2020 - April 2021)

John Ahrens '45
Diana Cane Aicher '63
Duane Allen '59
Cathy Anderson '66
Isabell Stavheimae Andrews '63
William Birks '51
Carol Louise Meliza Bowers '61
Judy Case Kneadler Bracken '37
Charles (Chuck) Castona '59
Thomas Compton '64
Rhoden Powell Crook Jr. (Buster)'58
Donald Danielson '52
Helene Johnson DeLay '72
Joyce Merrow Densmore
Karen Louise DeBoer Dixon
Pat Skinner Freed '58
Doug Frizzell '61
Richard Hablewitz '47
Dick Hanna '65
David Horn '76
Dorothy Van Hundermark Jacobson '42
David Kaiser '77
Norman Kestle '50
Steve Knutsen '66
Mardel Larson'63
Bendiksen LaVictoire '47
LouWanna Taylor Lacher '61
James Martin'46
Gloria Martin Hansen '44*

Patrick Joseph McMahon
Alexander Morris '79
Dan Moser '67
Judie Johnson Nelson '58
Gail Lagerquist Newman'65
Cynthia "Cindy" Wikstrom Nishiyama'77
Mark Hudson Phelps '70
Marlene Haug Price '71
Brian Schoroeder '76
Gary Seefried'64
Mark Simonson'67
Susan Bruemmer Skinner '70
Dennis Sluman
Mark Smith '72
Calvin Steele '57
Carole Ann Pappé Stokes '58
Peggy Shilling Sundine '58
Carol Ann Tolleson '65
Jonathan Unseth
Kathleen Johnson Theoe Warn '58
Faren Warner'71
Jay Woelfert '63

*Golden Beaver Member



An Unexpected Year in Review

by Madailine Bowles and Mari White

As Ballard High School seniors, we were preparing ourselves for a year of lasts. Saying goodbye to friends, faculty, and traditions that had become a part of our lives for the last four years. The excitement of first row football games, senior prom, and graduation parties had been in the back of our heads since freshman year. Yet, when September of our senior year rolled around and we were still stuck at home on a screen, our year of lasts quickly became the year of firsts, as we were tasked with navigating a whole new type of education. Although we did not get the year we had been expecting, we were still able to make countless memories in our final days as Beavers.

This school year has been different from anything we could have ever expected, the term unprecedented barely sums it up. After starting the year online, our community of students and educators had to adjust quickly to a new environment. It felt hard to stay involved when screens were black and none of our peers spoke in class. It can oftentimes feel overwhelming and unnatural to try and participate in a virtual classroom. What started as an exciting break from school in the spring, turned to an unimaginable year - one that will be hard to forget.

As leaders of clubs and extracurricular activities, it was also challenging in ways we could never have anticipated. Trying to get students involved when we felt worlds apart seemed an impossible task. With these roles of leadership and heavy academic workloads, it was time to get creative. Hosting a spot at virtual club rush to recruit new members who are underclassmen; finding new ways to get service learning hours that can keep you outside and socially distant; and moving from

study sessions in the library to group projects over Facetime were just a few ways leaders and communities at Ballard were challenged to connect with one another. Yet, even with this unexpected change in our lives, everyone seemed to step up to the plate and bring out some new ideas.

Learning how to separate personal screentime with academic screentime also posed a new challenge for students this year. Putting your phone away just to go on another screen is a confusing distinction to make, especially when you're forced to work with little instruction at first. Blurring the lines between too much time on screens and not enough is complicated and hard to navigate. As time went on, boundaries began establishing themselves and prolonged periods of time in front of the screens became the "new normal." What we formally knew as just our personal outlets or social platforms swiftly became the all-consuming virtual world we know now. As students, we lost the privilege of being able to just merely raise our hand to ask a question. Little moments of in-person connection now have grown into monumental and, at times, unattainable moments for some. With the blessing of technology and online programs comes the hardships, difficulties, and separating nature of the online world.

When comparing last March to our current day, similarities are not hard to find. But it is the growing and changing that has shaped us to be the community we see today. As students, it has been inspiring watching faculty find new ways to adapt and keep us engaged while not physically with us. Watching our peers find new ways to stay connected and get outside in between classes and meetings pushed us to do better for one



Maddy (above)
and
Mari (below)



another. If this pandemic had to have an upside, it would be teaching us how to be adaptable. After experiencing a year of life completely switched around, we believe that it has truly prepared us for anything life can throw at us. Because we now know for certain, with every trying moment, Ballard Beavers stick it out.

Meet the authors:

Hi BHSF and Golden Beavers community! We are Maddy and Mari, both currently seniors at Ballard High School. We are both part of the National Honors Society and Co-Presidents of Ballard Outdoor Adventure Team (B.O.A.T). Last year we helped our amazing school librarian completely rearrange the library by genre and were awarded Student of the Quarter. We have both worked with the BHS Shingle Yearbook and loved sharing our experience as seniors in these unusual times.

Gary Seefried, Former Ballard High Sports Star and Owner of Sluggers Sports Bars, Dies of COVID-19

Reprinted by permission from *The Seattle Times*, Dec. 14, 2020

by Scott Hanson, *Seattle Times* staff reporter

Gary Seefried was one of the better athletes to come out of Seattle in the 1960s, but one of his best friends said that mattered less to Seefried as he got older.

"He was one heck of a guy," said Steve Olsen, a friend of Seefried's since grade school and boys basketball teammate of his at Ballard High School. "He was a great friend and such a positive and happy person. I think that was the most important thing in his life. That was bigger than the athletics to him, because that was how he led his life for the last 40 years. He was a very kind person, unbelievable."

Seefried died Dec. 3 from complications of COVID-19, which he contracted shortly after moving from the Seattle area to Post Falls, Idaho. He was 75.

After a few weeks in a hospital in Spokane, Seefried was in a rehab facility and was getting prepared to go home.

"When I got the call Thursday, that was kind of a rough deal," Olsen said. "It was really a shock, because I had talked to him Monday, Tuesday and Wednesday when he was in the recovery center. He was supposed to be going home the following week if PT (physical therapy) worked out."

Seefried is survived by Vicki, his wife of 52 years, and their two children, Shelly and Tate.

Seefried, 6 feet 3 and 200 pounds, became the first sophomore to play varsity basketball at Ballard High School, helping the team reach the state tournament in 1962. The next season he was the Metro League's leading scorer at 17.6 points per game.

He was a two-time All-Metro League basketball player and was offered a basketball scholarship at Washington State. But he was All-Metro League in baseball three times, hitting over .400 in each of his three seasons, and he signed with the Boston Red Sox, receiving a \$10,000 signing bonus, which was big in those days.

But his pro baseball career ended after two seasons at the Class A level.

"He always said if he could go back, he would have played basketball because the baseball thing didn't work out very good," Olsen said.

Seefried's life easily could have ended at 22. He had ordered hamburgers at Zesto's in Ballard, when someone who had lived down the block from him as a kid started brandishing a gun.

Fortunately for Seefried, Craig Anderson, a friend of Seefried's since grade school and who was in his first year of dental school at UW, had spotted Seefried and stopped to talk with him.

Anderson was taking classes in head and neck anatomy. That knowledge came in handy.

"He was very drunk and pointing that .44 revolver right at us," Anderson said of the shooter. "We didn't know what to do. And all of a sudden, ka-blam!"

"We hit the ground and I looked over to Gary and he was lying on his back and he had a hole on the right side of his neck about the size of my little finger, and all of sudden blood just started spurting out. I put the finger in the hole to try and stop the bleeding, but all that bleeding was going right down his throat because he was on his back and so he started choking on his own blood."

So Anderson rolled Seefried on to his side so he was no longer choking, a move that is credited with saving his life. The bullet exited below Seefried's left ear, breaking his jaw and taking part of his cheek. Anderson said after the bullet exited Seefried, it hit a steel post in front of the restaurant, then ricocheted through an open window before landing on the grill where Seefried's hamburgers were being cooked.

Anderson didn't think his friend would survive. But he did — for more than 50 years.

Seefried spent time in the Coast Guard after his baseball career fizzled, then started

Senior Starts Clothing Company

Last March, a high school entrepreneur started Ruby Laine Apparel, showcasing her original designs.

Erica Richardson, Staff Reporter
From *The Talisman*, originally published
December 8th, 2020

Who knew that coronavirus-related boredom would blossom into an up-and-coming street style company for senior Ruby Pope?

"I've always been into streetwear," Pope said. "I wanted to start something that [hadn't been] done before, and I love bandanas."

Pope was partially inspired by the recycled fashion of Frankie's Collective, a brand that only uses secondhand fabric and clothes and "reworks" them into new pieces. She liked the colorblock design of one pair she bought and started thinking about how she could modify a pair of Ballard sweatpants she already owned.

"I spent four or five hours one day, just hand stitching four patches onto the first leg, and then the next day I did the back," Pope said. "It was super time-consuming."

She finished her sweatpants and loved them. Others did too.

"I showed them to a few friends and wore them out, and I got lots of compliments on them," Pope said.

While visiting her family in Delaware, she solidified her sweatshirt design after a few rounds of trial and error with the help of her mom.

"Most of my suitcases were filled with blank sweatshirts and sweatpants, even though it was 90 degrees in Delaware," Pope said. "We would run down to the 5 & 10 store, get some bandannas, and go back to the house."

Pope designs new pieces in the Procreate app on her iPad, sketching out new designs and trying different colorways (an arrangement of fabrics in a collage). Once she has a design, she cuts out her bandanas, pins them to the clothes and finally sews them.

Her goal for her designs is for them to look handmade and be high-quality.

"I would post the new sweatshirt on my private story and people would slide up and say, 'Oh, I love that,' and then I kinda got the idea to just start building this brand," Pope said.

Her business idea really took off once her clothes were photographed by a professional photographer and modeled by her friends. Pope got a variety of shots both in the studio and on the street for her brand's Instagram (@rubylaineapparel).

"It was super fun to see everyone in my clothes and see things start to happen in a fun and happy environment," Pope said.

Her publicist is helping get her clothes into big cities like Los Angeles and New York City. In the future, Ruby Laine Apparel may open a pop-up shop that could have the option of Pope designing custom pieces in store, but for now, her next step is an upcoming drop.

"I'm excited to see how this drop goes," Pope said. "I haven't done a big drop like this [before]."

Late November, her brand released 500 pieces, including 100 garments from her "Social Justice" line. Half of the proceeds from this line will be split between and donated to the Justice for Girls Coalition of Washington State and Nomad Boxing Club.

Justice for Girls represents disadvantaged girls in the criminal justice system and aims to increase opportunity for those on probation



Pope with some of her clothing
Photo credit: J Garner Photography

for truancy or in poverty.

"There doesn't need to be as many people in [the criminal justice] system as there are. [Justice for Girls] is working toward changing that," Pope said.

Nomad Boxing Club teaches self-defense and empowerment work from the public parks of Seattle and is "dedicated to inspiring and motivating its members to succeed," according to the club's website.

Nomad Boxing Club rotates their practices in around different outdoor parks, hence the "nomad" part of their name.

"We want to support [the boxing club] because it's getting colder outside where they practice," Pope said. "They need money to support [their program]."

In addition to supporting local Washington organizations, Pope pays homage to her city through the names of her sweatshirts and pants.

"You know that Pink Elephant Carwash? I'm naming the pink sweatshirt 'Denny Pink' because [the carwash] is on Denny way," Pope said. "People probably won't understand it at first, but [on the website] I'll have a little description of what the [color] reminded me of."

Along with "Denny Pink," she also has "Space Gray," for the Space Needle, and "Theo Brown," after Theo Chocolate.

Along with her unique names, Pope is also currently in the process of getting a patent for her designs so her company can grow without the threat of someone copying her garments.

"At first I was really worried about [plagiarism]," Pope said. "But once I get this patent, people can get in trouble for copying my designs."

Along with the process for getting her patent, Pope is also balancing her academic

life. One of the main challenges with being a teenage entrepreneur are the limitations of school.

"School is putting a lot on me right now," Pope said. "I already had to drop a class because I can't do everything."

While Pope is working to balance Running Start and her business, it gives her options after she graduates.

"I am happy that I have a plan for after high school that I'm excited about and my parents are excited about," Pope said. "I want to build this brand as big as I can."

Pope may apply to the Fashion Institute of Design and Merchandising in California to refine her business strategy and management.

"If I were to go to college, I would want to build my brand," Pope said.

Pope was considering the Institute's Apparel Industry Management major as a potential option after high school.

"Basically, [Apparel Industry Management] would be what I'm doing right now [for her brand]," Pope said. "Which made me think, why would I go and pay thousands of dollars to do what I'm doing now?"

Another way Pope plans to improve her business is by locking down her sweatpant design.

"We're having a tough time finding a good sweatpants style that [is] good quality, have pockets, and have different colors," Pope said. "It's been a trial and error, the sweatpants are so much more expensive and hard to find."

Eventually, Pope wants to have factories making her ideal sweatpant design, similar to cargo sweatpants.

"I want to get to the point where I can pick out a good-quality material and get it made in the style that I want with pockets," Pope said.

Pope plans to expand her line to include plus sizing in the near future.

"I really want to incorporate plus sizing into RLA," Pope said. "We will definitely do that, we just have to figure out a good sweatpant source [first]."

Ruby Pope used her extra time in quarantine to become an entrepreneur with the COVID-19 lockdown barely fazing her business.

"We'd probably be working with more people face to face if it wasn't for Corona, but I seriously wouldn't have this idea if I wasn't sitting in my room bored as shit for however many days until that idea came," Pope said.

<https://www.ballardtalisman.org/a-features/senior-starts-clothing-company>

We wish the Pink Elephant Carwash was still on Denny Way! Unfortunately, it has passed into Seattle history; the sign may surface in the future at MOHAI.

Coming this summer to support BHSF



21st ANNUAL
BALLARD HIGH SCHOOL
FOUNDATION
GOLF CLASSIC

BHSF Golf Classic:
Monday, August 30, 2021
Register now at
<https://secure.acceptiva.com/?cst=eCm7w7>

Online auction the week before the Golf Classic,
culminating in a Live Online Auction on Sunday, August 29
- keep an eye on your email!



News from the Class of '58

by Judy Olson Rikansrud '58

Have you had enough of this Covid -19 yet? Staying isolated since February 2020 is getting old, but it has given me the chance to go through my house and downsize a little. Fifty-six years of living after school allows for the gathering of “stuff”, much more than we ever need or have even wanted as I found out. My daughters and I have cataloged everything so when they are finally in charge they can do whatever they want with my “precious treasures”. I have certainly have learned how to let go, knowing that not everyone loves the things that you treasure so much. Now a year and a quarter later we are still in the midst of a pandemic, more likely the only one we will see in our life time. I hope that our classmates are able to avoid COVID, although there are several that have told me that they became ill with Covid, they are still with us. I do hope that everyone is getting their vaccines. I just had my second one last month.

As for our next reunion, we had planned one for October 2021, but with COVID still in the works, our planning committee has decided to slide the reunion again. Today I have made arrangements with the Elks Club at Shilshole to have the reunion on April 16, 2022. Our class web site has been updated with all the information. That site is: www.ballardhighschool1958.com.

As we have aged, our class is dwindling. We have had a lot of passing's in the last six months. Some additional classmates I found when trying to update our class list. You can see the list on our website, but if you don't have a computer here is the list:

Donna Baxter Oct 2012
Mary Kathleen Prinos Clossick 2018
Michael Conner 1992
Rhoden “Buster” Crook, Jr. Dec 2020

Class of '51 Report

As was the case last year for the class of '50, the class of '51 in not currently planning on a reunion this year. The reasons are a lack of committee members and of course the virus situation and all of the things that it's effects have on gatherings.

Your ongoing support of the scholarship program is appreciated as it is moving forward and active and the student interviews were held as usual this spring by zoom.

Please submit any information on yourself, family and classmates to us that you would like us to publish in our next issue.

Thanks, Dick Mitchell '51, secretary, classes '50 and '51, (206) 784-4484 or Rjdickm2@aol.com

Do You Have a Class Update?

We're looking for class reports... If you are a class representative from the class of 1971 or earlier and you have updates about your classmates, please send them to Dick Lee at rjlee@seattleschools.org so we can include them in The Log!

Gary Cunningham August 2020

Patricia Simmonds Freed Dec 2020

Janna Gollither Hamilton May 2020

Gayle Hultberg Haynes Nov 1995

Dixie Gray Kleveland 2015

Judie Cathleen Johnson Nelson Dec 2020

Darryl Kollar Aug 2011

Dale McDaniel Nov 2019

Ronald Overman 2011

Ted Stemm 2019

Carole Ann Pappé Stokes Nov 2020

Kathleen Johnson Theoe Warn Apr 2021

If you know of someone that I have not identified I would appreciate a note from you telling me about the loss. Thanks.

I am praying that we can get this Covid-19 virus under control and be over with this



pandemic. I also pray that all of you are in good health and taking care of yourself. We hope to see you in April 2022 at our next reunion. It will be a good celebration for sure. Take care everyone.

We will be sending out reminder notices for the reunion sometime during the summer months. Keep the website in mind and we will post updates there as well

Gary Seefried continued from page 3

a company in California that supplied TV and taping equipment for major sporting events.

He came back to the Northwest and for more than 20 years was the owner of Sluggers sports bars in Pioneer Square and Kirkland.

The hospitality business proved a good fit for Seefried, who loved interacting with people.

In 1995, John Seefried got a call from older cousin Gary, who was taking over as baseball coach at Eastside Catholic High School and wanted to know if John, who had played baseball at WSU before a stint in the minor leagues, wanted to join him.

For the next five years, Gary and John coached baseball together at Eastside Catholic, along with former major-league pitcher Eric Wilkins.

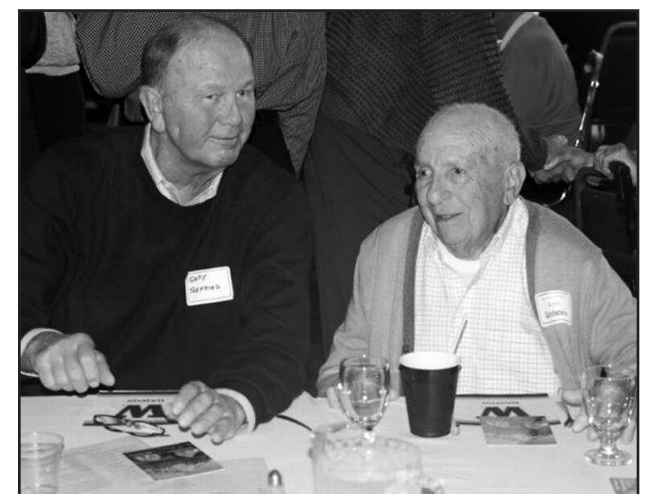
“We had a tremendous amount of success,” said John Seefried, who said Gary was more of an older brother than a cousin to him. “I don't know what the record was, but it was something like 92-10. Gary had fire, believe me, but I was the fiery one and he was more soft-spoken. He had a different approach, and between us, it worked very well. Gary was more of a soft shoulder compared to me.

Gary Seefried '64 was a Past President of the Golden Beavers, one of the founders of the BHSF Annual Golf Classic, and a 2019 Golf Classic honoree “in recognition of his efforts in helping create and maintain the Foundation's Golf Classic as the primary support mechanism for Ballard High School athletic fundraising for 19 years.” We remember him with gratitude.

Celebrating 75

Our thanks to Paul Plumis for spotting this notice in the “Joyous Occasions” section of The Seattle Times on February 6.

John and Lois Ahrens celebrated their 75th Wedding Anniversary on January 9, 2021, in their apartment at the Ballard Merrill Gardens in Seattle... They met at Ballard High School, class of 1945. They were married Jan. 9, 1946 at Lois' family home about 20 blocks from where the couple lives today. The following day, John left for service in the Army in Korea, at the close of WWII. After the service, John followed a career as a Fireman with the Seattle Fire Department, and kept a busy shop in the family home. Lois worked, gardened, kept house and family involved



Gary Seefried, left, at a 2016 Northwest Basketball Legends dinner with Norm Goldstein. (Dave Speer / Northwest Basketball Legends)

“I don't know anyone who didn't like Gary Seefried. Gary lit up a room. Why he was so successful in opening sports bars is not a mystery. Anybody who walked in became Gary's friend and vice versa. He had a way with people. His smile, I can't tell you how much it lit up a room. He was just an extremely likable guy.”

in many charities, including Ballard Emblem Club 216 for 40 years, and donated 23 gallons of blood. The couple has lived in Ballard their whole life together, where they reared 3 children: Joanne, John, and Jim, all went to Ballard High. The couple has 2 grandsons: Colin Ahrens of Portland, and James Ahrens of Saskatchewan, and 2 great-grandchildren: Jillan and Aiden Ahrens, of Saskatchewan.. *(excerpt from notice)*

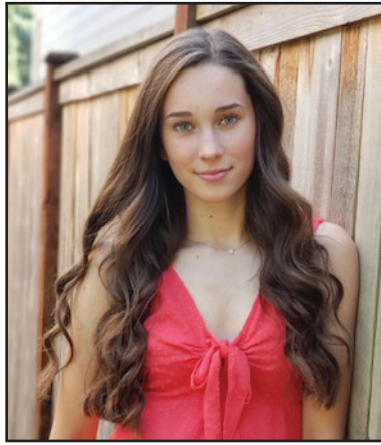
Sadly, we must add that John died on April 11, 2021

Through the Eyes of a Scholarship Recipient

by McLaren Hadley '20

This first year of college has been the opposite of normal, from beginning school with contracting the COVID-19 virus to now finally having both of my vaccines and working at Aégis Living, an assisted living and memory care home.

I am currently a freshman studying nursing at the University of Washington and living in the Alpha Phi chapter house. Since school started back in September, keeping up both my physical and mental health has been a challenge. In high school I was a cheerleader, and I competed with my team and also did sideline cheer. I thrived being that physically active for all four years of high school. It helped me focus, sleep better, and stay in shape. Ending cheerleading was tough for me and I had to find other ways to stay active. At college now I do things like run around campus, use our gym at the sorority to do my HIIT workouts, and go on long walks! I am active in my sorority as the Director of Internal Events (planning formals) and am also the Panhellenic Leadership Council delegate where I attend weekly meetings with delegates from all other sororities on campus and work on improving the Greek community. Living in a house full of girls is so much fun



and has brought me close friendships within my sorority. Recently, we had our annual Philanthropy, Red Dress Gala, in which we held a virtual gala for all alumni, parents, and members to attend. We ended up raising \$54,000 which goes towards Womens Heart Health Research at UW Medicine and the Alpha Phi Foundation.

In addition to life inside the sorority, I am happy to be settled in my new job that I started in December at Aégis Living in Ravenna. I get to take care of residents by assisting them with activities of daily living, health care tasks, and talking with them about their own lives. I am so lucky to be able to provide care to these residents!

During this time sometimes you need a break from all of the worrying about COVID-19. Something that has really helped me this year is being a member of the UW Equestrian team. I take lessons every Friday at the Stanwood Equestrian Center. Spending time with the horses at the barn relieves my stress and helps me to feel refueled for the next week.

I am looking forward to what next year will bring, especially the in person classes. I often think fondly of my years at Ballard High School; they prepared me well for my first year of college. I am truly grateful for the honor of receiving the Golden Beavers Award I received at the end of my senior year.

Hydroponic Kits and Toys for Black Bears: Washington Science Teachers Get Creative During Pandemic Learning

It's a brisk afternoon in late November. Many of Seattle's trees have shed their summer leaves. But India Carlson is surrounded by lush green plants.

Every two weeks or so, Carlson, a botany and environmental horticulture teacher at Ballard High School, dons a mask and gloves, carts out trays of plants to the back of the school and awaits her students. She hands out colorful coleus, catnip, geraniums and succulents.

The teens arrive one by one, have quick chats with the teacher they mostly see over video lessons, and depart with new flora to care for at home. On a few occasions, she's dropped off plants at her students' homes.

"My expectations of being able to cover a specific amount of content? That's out the window," said Carlson, who has run the school's greenhouse for 13 years. "My whole thing is, I want students to be interested in and engaging with science on a personal level."

This is science class during the pandemic: teachers turning typically hands-on lessons on their head, and finding lively ways to engage students learning remotely.

...

Sharing excitement

The Ballard High greenhouse is home to pineapple plants and a kumquat tree. Carlson has an affinity for unusual plants — especially ones you're unlikely to find in Seattle.

"Mostly it's cloned plants, though, that I started cloning before school started," Carlson said. "I knew I wanted to give plants to students."

If her class was in person, you'd find Carlson and her students in the greenhouse or the school garden, getting dirt under their nails as they plant food or work on experiments. These days, Carlson visits school a few times a week solo, to water plants and

feed the lizards that live in her classroom.

With a pair of other horticulture teachers in the district, she's working on assembling hydroponic grow kits for her students, including plastic containers, nutrient solutions, grow lights and other materials. But sourcing the supplies has proved challenging because of supply chain bottlenecks during the pandemic, she said.

For now, her students have seeds and soil. They check in with a classmate — their plant buddy — about how their plants are doing. And Carlson polls her class regularly to find out what they want to learn next. On tap: medicinal plants, how to identify different species and how to grow food.

"I'm trying to have students think about [how] science is everywhere, and it's part of everything we do," Carlson said. "A big part of

it is me sharing my excitement."

excerpted with permission from The Seattle Times, January 4, 2021

by Hannah Furfaro, Seattle Times staff reporter, Education Lab

Education Lab is a Seattle Times project that spotlights promising approaches to persistent challenges in public education. The Seattle Foundation serves as fiscal sponsor for Education Lab, which is supported by grants from the Bill & Melinda Gates Foundation, Amazon and City University of Seattle.

<https://www.seattletimes.com/education-lab/hydroponic-kits-and-toys-for-black-bears-science-teachers-get-creative-during-pandemic-learning/>



India Carlson, who teaches botany and environmental horticulture at Ballard High School, gives plants to students during a curbside pickup event at the school Dec. 10. (Erika Schultz / The Seattle Times)

Ed.'s Note: The Ballard High School Greenhouse was funded by BHSF.

Keeping It Live: Performing Arts Go Virtual

Ballard Performing Arts Collage Concert Presents a Musical Virtual Smorgasbord of Nonstop Talent

from www.ballardperformingarts.org/collage-concert and the BHS PTSA newsletter

The Ballard High School music program started 2021 busily recording and mixing a virtual concert that showcased over a dozen ensembles in a wide variety of styles, offering a little something for everyone. “It will be a nonstop evening featuring an incredible range of performances from our music ensembles,” said Courtney Rowley, director of choirs.

The concert, a collection of videos recorded by students in 3 orchestras, 6 band ensembles, and 4 choirs, aired online on January 22, but you can still watch it online and there is still no cost. In preparation for the concert, students rehearsed in virtual ensembles using



the Upbeat music app, funded by generous donations from BPA families and supporters. The music directors hired professional expertise for audio mixing and video post-production for the concert, assuring high quality in showcasing the talent of these

musicians.

Of her Concert Orchestra, Director Elizabeth Fortune noted: “Many students in this ensemble are new to Ballard High School. None of the students, this school year, have spent one second together in a rehearsal room playing music in person. The amount of effort and work that this ensemble put in to create this product -- sight unseen, all by themselves, one on one -- is to be celebrated.”

Visit www.ballardperformingarts.org/collage-concert or go directly to vimeo.com/503548929 to watch the concert today!

Starbucks' Hot Java Cool Jazz Concert Goes Virtual

from www.ballardperformingarts.org/

Ballard High school's Jazz Band is proud to be part the Virtual Performance for Starbucks' annual Hot Java, Cool Jazz show, showcasing student talent from local high school jazz bands (and this year, some middle schools too!) Check out Jazz 1's “When You're Smiling”. While we cannot gather for a night of truly amazing jazz music at The Paramount, we celebrate these local high schools and middle schools for their dedication and hard work as they continue to hone their skills to become the future of jazz.

Watch here: www.stgpresents.org/hjcz

Playing Music Through the Pandemic

by Aidan Horowitz

Music has always helped me in rough times and it has been especially helpful during the pandemic.

My Freshman year at Ballard High School I played violin in Symphonic Orchestra. I had never played in a big orchestra so I was nervous at first, but it was fun and I liked being part of the community. I was excited for our upcoming trip to California to perform at Disneyland.

My favorite thing at BHS was being part of the Ballard Fiddlers, an ensemble of students who perform folk music like Bluegrass, Old-Time, and Irish. Bluegrass is one of my favorites so I loved performing with this group. I was especially excited to perform at Folklife Festival.

That all changed in March 2020 because of the Coronavirus. We switched to online school. Trips, performances, and after-school groups were canceled. It was a really hard time. I missed school. I missed the Fiddlers group the most.

But things got easier and we found ways to keep playing music. In Orchestra Ms. Fortune posts music for us to learn and practice. We can't play together online because computer lag time means we aren't in sync, so one person will play and everyone else mutes their microphones and plays along. Sometimes we meet in small groups using the Upbeat music app. When we record our part for a performance we put in headphones and play with a music track or metronome so we are synchronized. Ms. Fortune combines the recordings into a symphony. It was fun to hear everything come together in the Collage Concert in January.

We have had some really cool guest teachers, like Annie Savage and Martha Redbone. They are helping with our performance for the Pocketgrass concert, which will be on the Wintergrass YouTube Channel.

I was really happy that the Ballard Fiddlers started again. We have a new teacher, Matt



Hopper, and meet online every week. Matt sends us music and records backing tracks on his bass so we can play along with other instruments. It's not the same as playing together in person, but we can learn new tunes and stay connected.

Outside of school I play drums for fun and take lessons on Zoom. Latin beats like samba and Cuban son are my favorite. Sometimes when I'm feeling down I play some Latin beats and I feel better. It's hard to stay down when you're playing samba!

One good thing about being at home more is I have time to learn new things. Recently I started to play the tenor banjo. The tenor banjo has four strings and it's tuned like a violin so I can play fiddle tunes on it. The banjo is a such a happy sounding instrument and playing it always puts me in a good mood.

I am grateful to have music in my life and am looking forward to playing in concerts and at festivals when it is safe. Maybe I will even play some tunes on the banjo!

Aidan Horowitz is a sophomore at Ballard High School and plays violin in Symphonic Orchestra and with the Ballard High Fiddlers.

BHS Wins 2021 SupportMusic Merit Award



Ballard High School has once again been honored with the SupportMusic Merit Award from The National Association of Music Merchants (NAMM) Foundation. This is the third year in a row that Ballard

HS has been so recognized for its outstanding commitment to music education.

From Principal Wynkoop!

“Congrats to @BHSMusicDrama for being named one of the Best Communities for Music Education in the country! This year has presented more challenges than we could have imagined and our amazing teachers have pushed on to provide community and inspiration for our students.”

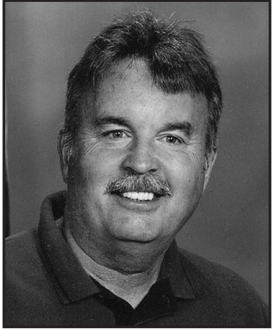
The SupportMusic Merit Award recognizes individual schools that demonstrate outstanding achievement in efforts to provide music access and education to all students. Our directors went the extra mile this year in finding innovative ways to compensate for the challenges of teaching music in a virtual setting, and the NAMM Foundation has recognized the value of our program.

The Ballard Performing Arts Boosters, are proud to support Ballard HS, a school that consistently demonstrates its dedication to music education and a commitment to the role of music and arts in a well-rounded education.

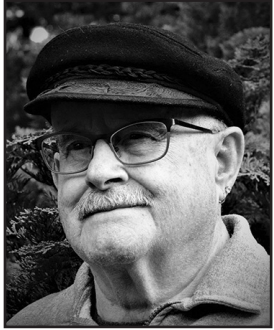
Visit the Ballard Performing Arts website for more information about the music programs.

https://ballardhs.seattleschools.org/about/news/support_music_merit_award

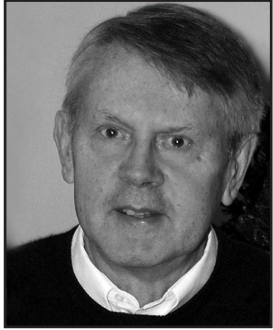
BHSF Golden Beavers Scholarship Committee and Invaluable Assisters



Co-Chair Jerry
Smith '66



Co-Chair Jack
Lawson '52



John Anderson '54



Laurie Detert
Anderson '53



Evelyn Balch '56



Ryan Carlisle '93



Joan Harlow '52

Inspired by the Past, Inspiring the Future

What does it take to help a kid go to college? What price a college scholarship? Inspiration and one step at a time.

There's a new entry in the lists of BHSF Golden Beavers Scholarships - or, rather, two new entries: the McMuldloch-Lathrop Family Scholarships. Let us tell you the story of where they came from.

Chris McMuldloch and Jennifer Lathrop's son and daughter both attended Ballard High School, and they always felt an attachment to the school. When his son joined the Robotics Team, Chris was enlisted to drive the team around. An engineer at Boeing with a Masters in aeronautics and astronautics, he quickly became a mentor to the team - and spent 10 years with them, longer than his kids were at Ballard. He enjoyed talking with students about their plans for the future, for education, college, careers. And he enjoyed talking with their parents about their kids' plans, while the kids were concentrating on robots in the next room.

They also knew they wanted to give something back out of their own good fortune. And Chris had some memories to draw on.

One was a scholarship memory. Chris grew up in on Vancouver Island in the 1970s. When he finished high school, he applied for scholarships and received a few hundred dollars, not a huge sum, but enough at the time to cover tuition and books for a bit. But what really stuck with him was the community stepping forward to help him.

The other is a memory from Junior High School. At the end of his last year of Junior High School, Chris was surprised to hear his name called to receive a gold watch and an award, the Jim Creed Memorial Award for Citizenship. He had no idea it was coming. He was on the photography team and took photos for the yearbook and such, and teachers at the school recognized his contributions with the award, given for academics and citizenship.

Chris spent 36 years at Boeing. After he retired, when he and Jennifer sat down to do some estate planning, they knew they wanted to do something for Ballard High School. And their thoughts and ideas and desires all came together to create a scholarship. They realized they didn't have to wait until their estate could do the giving, and they didn't have to invent the process. It was already there, all the structure and the process, in the BHSF Golden Beavers Scholarship program. All they had to do was describe what they thought would be appropriate scholarships. The Creed Award had stuck with Chris (he still has the watch), so they defined a scholarship based on academics and service to the community.

Of course, they still had to fund the scholarships. But they are working toward the eventual goal of making sure the award can go on as long as there is a school to give it. And that is part of the inspiration Chris and Jennifer found. They didn't need a huge amount of money all at once. They needed enough to fund one year and then another and build up an endowment - and that can be done with small amounts accumulating regularly. It's like the NPR model, Chris says, where you give \$10/month, and by the end of the year you've given \$120 without really noticing it.

In fact, he says, they used to give 1% of his salary to the Boeing Good Neighbor Fund while he was working, so why not give a little bit at a time to their scholarship fund? It's like adding another cell phone bill, just a bit more each month.

So maybe some other parents or alumni or friends will take the McMuldloch-Lathrop approach and inspiration to do the same. But in any case, two more students will receive just that bit of extra help toward their future, and two more, and two more, looking into the future, thanks to Chris and Jennifer.



Chris McMuldloch and Jennifer Lathrop

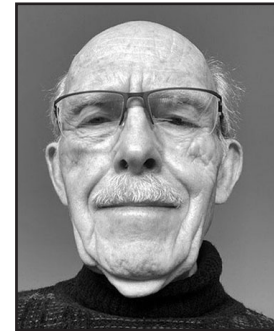
What do we look for?

What makes a good scholarship applicant who rates highly with the Scholarship Committee?

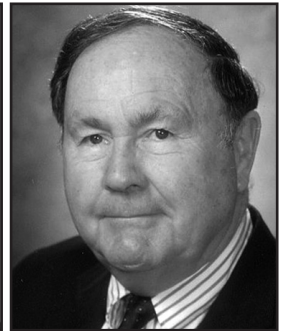
All BHSF Scholarships are awarded on merit, as shown by:

- GPA
- Service Hours
- Interview response to questions
- Letters of Recommendation
- Personal Letter

Dedicated scholarships may have additional requirements, but the above are universal.



Randy
Hathaway '52



Dick Mitchell '51



Maggie Murphy-
Moffett '69



Sonja Petersen



Dick Lee '61



Marianne Baker '70



Joel Niemeyer '78



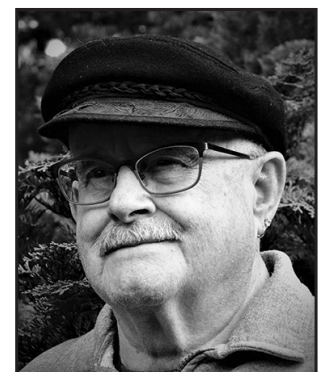
Carol Bristol,

Late-Breaking News:

Co-Chair Jack Lawson passed away on May 3rd. Over the years Jack was a very strong advocate for Golden Beaver scholarships and worked tirelessly to benefit financially as many Beaver seniors as possible. He will be sorely missed.

Rest in Peace, Jack. You earned it.

Look for a full memorial for Jack in the next issue of The Log. BHS and the BHSF have much to thank him for.



2021 Scholarship Awards Process

Co-Chairs Jack Lawson '52 and Jerry Smith '66

For scholarship applicants, high school staff, and committee members, this second year of COVID-19 provided the most challenging process for all involved, ever.

Beginning in early February, the Scholarship Committee began with virtual meetings and many phone calls and emails among committee members and the counseling staff. An application form was produced and agreed upon, and provided to the requesting Seniors.

The Scholarship Committee thought that utilizing only applicant packages for review, as was done last year due to the pandemic, was not enough to decide on applicant worthiness for scholarship awards. The committee decided to add a virtual interview to the process.

Ballard counseling staff selected 20 applicants from among all the applications, based on GPA and those with significant community service hours. The 20 packets were assembled and distributed to all committee members, and Zoom virtual interviews were scheduled over two days in April.

The virtual interviews took place, April 6th and 7th with very few glitches, with the

candidates answering 5 questions and given an opportunity to ask questions. Each committee member scored the 20 applicants from highest to lowest, followed by virtual discussions among the committee members. On April 20th, after Spring Break, the committee met via Zoom and unanimously agreed on a final scoring and the awards to the applicants.

Scholarship Results:
 Scholarships Awarded: 23
 Total Scholarship Funds Awarded (BHS Foundation/Golden Beaver Scholarships and Dedicated Scholarships): \$37,500
 Dedicated Scholarships awarded include Richard Anderson Memorial (1), Thomas Detert Memorial (1), McMuldloch-Lathrop Family (2), The Ballard Nineteen (1).

The Ballard High School Foundation/Golden Beavers Scholarships for 2021 would not have been completed or successful without a tremendous amount of work, assistance, and persevering from Dick Lee, Marianne Baker, Joel Niemeyer, and BHS Counseling Secretary Carol Bristol and Counselor Sonja Petersen.

We also want to thank the Scholarship Committee members for all their time and wisdom:

John Anderson '54, Laurie Anderson '53, Evelyn Balch '56, Ryan Carlisle '93, Joan Harlow '52, Randy Hathaway '52, Dick Mitchell '51, and Maggie Murphy-Moffett '69.

BHSF GB and GAINS Scholarship Donors

through 3/2/2021

\$5000 or more

Laurie Detert Anderson
 Jerry & Kathy Smith

\$2500-\$4999

Nikolajs Lapins
 \$1000-\$2499
 Jeff & Rosario Hanna
 Chris McMuldloch & Jennifer Lathrop

\$100-\$999

Gary & Lisa Cook	Ronald & Judith Harper
Earl Ecklund	William Swartz
S. J. Hanson	John & Nancy Wugell

Up to \$99

Elaine Hilberg
 Robert & Judy McMechan
 Richard & Taya Mitchell

Keeping Our Scholarship Dreams Alive

Our high school students keep looking to the future and to more education and training. You can read some of their inspiring stories in these pages. We know they'll still need support as they move ahead, and we still intend to provide it. The Golden Beavers Scholarships are not going away.

A little has changed. The BHSF Standing Committee for Scholarships is now the Golden Beavers Scholarship Committee and consists of both previous Golden Beaver committee members and current Foundation members.

Scholarships will continue to be awarded annually by this Committee from an account set up to ensure their continuation far into the future.

We need your commitment and your contributions as much as ever. We trust you will move forward with us to support our Ballard scholars into the future.

To make donations to the Golden Beaver Scholarships within the Ballard High School Foundation, we invite you to mail in the form below or visit the link in the form.

From 1988 to, and including, 2021, Ballard High School students received 374 Golden Beavers Scholarships for a total of \$790,307.

I want to help keep our scholarship dreams alive!

*Donate now to the Ballard High School Foundation Golden Beaver Scholarships!
 Visit <https://bhsfoundation.kindful.com/?campaign=1077236> to donate online, or send in the form below.*

I would like to donate to the Ballard High School Foundation Golden Beavers Scholarship Fund.

Name: _____

Address: _____

City, State, Zip: _____

Email address: _____ Phone: _____

Donation Amount: \$1000 \$500 \$250 \$100 Other: _____

My check is enclosed, made payable to BHSF Golden Beaver Scholarship Fund.

Please charge my Visa MasterCard AMEX

Name on card: _____

Complete address if different from above: _____

Card #: _____ Exp. Date: _____ CVV Code: _____

Please mail to Ballard High School Foundation, P.O. Box 17626, Seattle, WA 98127-1269.
 The Ballard High School Foundation is a 501(c)(3) entity. Federal Tax I.D. #91-1811275

Thank you from all of us and all our scholarship winners of the future!

The Ballard Ink Club: Where Pen and Paper Collide!

Students get creative in quarantine

by Will Glasby, Staff Reporter
from *The Talisman*, March 2, 2021

A blank piece of paper can lead to endless possibilities. You could write a story about monsters and knights at battle, draw the sun rising over a mountain or you could even fold the paper into a swan!

As quarantine attempts to infuse our very being with its boredom, Ink Club (advised by Language Arts teacher Gordon Macdougall) rises to help students deter the endless weariness of being stuck at home by providing a place to socialize and share your art pieces with others.

Senior and club veteran Iris Worrall writes poetry and short stories for Ink Club. Despite the club losing members this year, they recovered by recruiting new students.

“We had a fair amount of members, but many didn’t return this year. We were a little scared during the first couple weeks since the only people at the meetings were just a few seniors,” Worrall said. “We have gotten more members though, which is nice. Mr. Macdougall also teaches an honors class for 9th grade so we gained a few new members from that.”

Macdougall and other members have tried hard to advocate for the club, as the quarantine has heavily limited the ability to spread the word about the club. Junior and club member Mia Saunders also worked on recruiting new members to the club.

“I ended up recruiting a few friends who have come to quite a few of our meetings,” Saunders said. “Also, collaborating with the Art Club has meant we’ve been in touch with other artists outside of Ink who can submit their work to the Ink Journal.”

The Ink Journal, which is an almost yearbook-like publication of all the art shared by club members, is one of the best ways for artists and writers to share their work with others and put their work on display to the masses.

“With the pandemic I’ve felt less motivated to draw and write,” Saunders said about how the newfound time created by the quarantine has affected submissions. “I’ve certainly had more ideas for future projects, but it has been more difficult to actually execute them. Being in a group of other artists definitely encourages me, but if there’s anything the pandemic has taught me it’s that it is ok to slow down and rest when it is needed.”

Club member Iris Worrall
Photo courtesy of Iris Worrall



Ink Club logo
Photo courtesy of Iris Worrall

As we slowly feel our way through this pandemic, Ink Club has begun to consider whether they should start to plan their end of year gallery, “Spilled Ink.” Worrall also mentioned the club’s plans for how they might be able to still run the event.

“We didn’t have a Spilled Ink at all last year, because quarantine suddenly hit out of nowhere,” Worrall said. “Generally, people get the Ink Journals at the end of our gallery event, but the lockdown meant that people



Aiden Wilkson, an INK co-president
Photo courtesy of Aiden Wilkson

didn’t get their 2019-2020 Ink Journals until October of this school year. Now that we have had some time, we’ve started to hesitantly talk about hosting some form of an event.”

www.ballardtalisman.org/a-features/the-ballard-ink-club-where-pen-and-paper-collide

Senior Finishes a Six Year-Long Project that Ends in a Published Book

Quarantine provides time for writing

by Adria Cooper, Features Editor
from *The Talisman*, April 5th, 2021

As we reach the one-year marker of Aquarantine, many students have done amazing things with all of the time spent at home. For example, senior Vangie Laufert wrote and published her first book.

Titled “Just For You,” the young adult novel follows main character Amy Marshall during her junior year of high school as she experiences the common growing pains associated with being a teenager. “It’s really a story about social anxieties, peer pressure, trying to fit in and mental health and all that fun stuff as a teenager,” Laufert said.

The basic premise of the novel is that a teenage girl with many close friends and a good relationship with her twin brother begins to have some adverse experiences. “She goes through peer pressure and blackmail. She starts to notice changes in her brother,” Laufert said.

Things come to a head when her brother goes missing. The book then follows Amy’s path back to normal as she copes with the changes in her life and attempts to heal as well as help those around her heal.

Although Laufert published “Just For You” in late 2020, the actual process of writing the book began when she was in fifth grade. She had just moved to Seattle from Maryland and spent fifth and sixth grade writing what would be the first draft of “Just For You” on loose leaf paper.

Laufert says that her move was partly what inspired the novel. “I didn’t feel like I fit in



Photo Courtesy of Vangie Laufert
Laufert autographing her books

when I first moved to Seattle and I started to distance myself from my class. One morning when I was unpacking my stuff I found this notebook and I looked at the paper and the first line of the book came to me,” Laufert said.

“I built [Amy] a picture perfect life because I wanted that and didn’t have it, but then [the book] just changed as I realized that no one’s life is perfect.”

Although the first draft of “Just For You” was completed years ago, Laufert unfortunately lost the binder that held

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Viking Robotics Goes Digital During Remote Learning

How current members are redesigning the program

by Sam Rainville, News Editor
from *The Talisman*, February 3, 2021

With the 2020-2021 school year transitioning to online classes, clubs have been working to adjust to the new normal. Viking Robotics is one of the many groups reformatting their activities to remain socially distanced.

The team holds virtual meetings every Monday and Wednesday, two hours per day. Currently, members from previous years are preparing for incoming members and joining freshman Teams calls to recruit new members.

Senior Kyla Ulibarri is the Head Lead of Electrical for the team. Normally, she'd be preparing to wire this year's robot, but instead has been helping to reformat the team's meetings for online learning.

"New members start next week," Ulibarri said over Zoom. "Once they start we'll have overviews on the different subteams, and after the overviews we're going to have virtual workshops."

For her subteam, this means preparing incoming members for a potential in-person future.

"As electrical, I'm getting tools delivered to my house," Ulibarri said over Zoom. "I'm going to explain and demonstrate how to use them to new members."

Ulibarri explained the difficulties of these virtual workshops, especially for her subteam.

"It's very in-person, so there's not a lot of digital aspects to our work," Ulibarri said over Zoom. "Mechanical and programming have ways of doing things online, but electrical doesn't really have a precedent of how to do things, so I have to figure out a solution to that."

Senior Yumi Haskins is Lead Programmer for the team, and has also found difficulties with the new virtual plan, especially with getting new students involved.

"Programming doesn't really have any new members," Haskins said over Zoom. "We only have 6 new people overall, instead of the normal 30-ish people who show up to look into robotics."



Members of the Mechanical subteam meet over Zoom. Courtesy of Kyla Ulibarri

Haskins explained that students being able to see demonstrations in person, directly after school, drew in larger crowds and led to more new members.

However, meetings over Zoom and drawing exercises for new members is preferable to the difficulty the team had last spring when the stay-at-home order was first issued.

"Because last year got so chaotic, we only had one competition," Ulibarri said over Zoom. "Many teams didn't get any competition whatsoever."

For Inspiration and Recognition of Science and Technology (FIRST), the organization that plans and hosts the competitions Viking Robotics competes in, is pushing ahead despite the cancellations last spring. Because of this, the team is planning on finding a way to participate.

"FIRST said this year's game is going to be the same as last year's, with a few tweaks," Ulibarri said over Zoom. "We're probably going to reuse last year's robot, fix some problem areas, and improve the design."

However, this adjustment isn't without flaws. Haskins shared her concerns over how prepared the team will be when the competition happens.

"The competition is potentially in summer 2021," Haskins said over Zoom. "If it happens over the summer I will have graduated. We'll have to prepare by training people younger than the usual threshold."

Besides the strategic and technical issues, Haskins explained that the new system tends to be lonely, especially with how the team has had to split up the sub-teams to make virtual teaching run smoothly.

"It's a lot more isolating because you're in your programming box, and then I can't go talk to my friends in Business or Electrical," Haskins said over Zoom. "Normally I'd be able to go out and see them because they sit a table away from me. You can't really be a team like this,"

Overall the future is somewhat uncertain for the team. However, while they continue to adjust, Haskins remains somewhat positive about the situation.

"We're not in a worse position at least," Haskins said over Zoom. "It might be a blessing in disguise."

www.ballardtalisman.org/a-news/viking-robotics-goes-digital-during-remote-learning

Six Year-Long Project Ends in Published Book

continued from previous page

the story. "I wrote it start to finish; it was obviously not good and it was short but the story was there," Laufert said.

Flashforward to the fall of 2020. Laufert found herself with time to burn due to the COVID-19 pandemic. "I had so much free time because of quarantine, so I just wrote it again," Laufert said.

She never found the binder but the idea was still with her. "I remembered the story. I changed a lot of it but I remembered the characters and how I wanted the ideas to go together, which was really helpful."

Once the story was written, the time for editing came. "I went through it with my grandma because she used to be an editor," Laufert said. "This took a couple of weeks and then 'Just For You' was ready to be published."

"I don't actually have a publisher. I looked into it and it is very expensive. So, I looked into Amazon Kindle Direct Publishing. You can just upload your manuscript into their

formatting thing and then you can publish it for free," Laufert said.

Once the book is published, Amazon takes a certain percentage out of every copy sold. Laufert offers both ebooks and paperbacks. She estimates that she has sold around 70 copies.

One of the first people to read the book, or rather listen as Vangie has also recorded an audio book version, was senior Norah Bunnell. "I loved it, I was super invested in it personally and always looked forward to listening to the next chapter," Bunnell said. "It was so descriptive; it felt super real at some parts and made me cry a few times."

While she plans to study nursing in college, Laufert is not going to stop writing. She has 10 different books she is working on now, but is not banking on writing to be her job.

"Ideally it would be great to continue to publish books and make a lot of money so that I can sustain myself while doing what I like. But, you have to sell millions of copies to make money," Laufert said.

Wherever life takes her, it is clear that Laufert will keep writing whether it be for fun or for a job. She also wants writing to be a part of other people's lives.

"I really want people to know that anyone can write," she said. "If you want to write, just write. You don't need to publish anything, you don't need to show people. It's just a really good outlet."

"I didn't expect this book to grab me the way it did. It was super good and I'm really glad I started listening to it. Honestly, I hadn't read a book before that in at least a year so I didn't know if I would be able to get into it but by like chapter three I was hooked," Bunnell said.

So, if you are looking for your next read, consider an up and coming author by reading "Just For You." (Available on amazon.com.)

<https://www.ballardtalisman.org/a-features/senior-finishes-a-six-year-long-project-that-ends-in-a-published-book>

A Teacher's View of a Year Without Precedent

by Eileen Yardley,
BHS Spanish Language
Teacher



When Diane Taylor asked if I would give you a glimpse into the life of a BHS teacher during the most challenging year of our professional lives, I hesitated. What if I am too honest? What if I do not represent everyone's worlds and opinions? Am I the right person to ask? Then, after doing some reflecting, I thought, "Well, sure! My family and friends have heard the ups and downs, so why not share it with the Foundation, folks that love our community and want us all to be our best selves." So, here goes:

If I were doing a short warm-up and asking students to write the first words that pop into their minds about this school year, I think I might see words such as "difícil, amigos, computadores, coronavirus, raro, triste, pandemia, estrés, asincrónica, sincrónica, pijamas, tecnología, cámaras, chat, conexión, flexible, aislado, comunidad en línea..." In fact, just thinking about this, gives me an idea of a Word Bubble exercise that I must do to commemorate and reflect upon our year of remote learning! Anyway, I picked the words above for two reasons; one, you all can probably figure out their meanings as most are cognates, and two, they sum up the year of remote learning pretty darn well. Yes, it has been difficult for all of us. We have suffered great losses. There is a lot of grief. The pain, stress and isolation has affected us all, and unfortunately, are now part of who we are and who we will become. We miss our "amigos"/ friends so much. We also have missed all those wonderful opportunities to make new friends that happens when school is in-person. We have longed for more connection and deeper relationships. Loneliness and stress due to all the issues revolving around this unprecedented pandemic hit us all and seem to be ever present, lurking in the shadows. Some days, it has been hard to keep that brave face, but fortunately there has been GOOD NEWS too! And, as a perennial optimist, the positives come to mind even more readily than the negatives. However, had you asked me why back in September, my answer may have been different! It could be that I see the light at the end of the tunnel. We are going back to school, in one form or another, before the end of this year. And, like my students, I feel everything--excited, nervous, relieved, happy, worried, you name it! This has been the year of every emotion!

Good news during the pandemic? Yes! With one year of REMOTE under our belts, we can honestly say that we have mastered many more "21st century skills!" We now know how to work from any nook in our homes, create videos like a pro, create interactive lessons, design feedback polls, discussion pages, beautiful Schoology pages, functioning break-out rooms, online calendars, online games, to-do charts, blogs, Padlets, Mentimeters, Kahoots, Quizlets, FLIPGRIDS, online assessments, engaging lessons and so much more. In other words, we have had to work our tails off! During the YEAR OF REMOTE ("YOR" from here forward,) we learned to overcome countless tech issues, teach from personal hotspots, not panic upon seeing 90+ new assignments to grade in our inboxes, accept with grace a ton of late work, and laugh at the inevitable glitches that occur regularly, even daily. All of this in combination with the shared stress of living through a pandemic has made this year the most challenging of my teaching career.

Fortunately, through all of this, I have developed close relationships with many of my students. That has been the biggest positive. I love my students, even if I have only seen their initials! I am so impressed with their resilience, willingness to engage online, and their production. Yes, we all know that we have had to pare down our curricula and our pace, but my students have learned and gained new skills every day--skills that are needed to become global citizens. They know how to communicate better in Spanish, collaborate in small groups, compare and contrast various cultures of the Spanish speaking world, and much more. So, maybe we have not mastered everything we normally would have, but I can assure you that there has been some good learning. We should be proud of that achievement.

As the pandemic continued, I had to master the art of using the F word. "¡Flexibilidad!" I, and I would venture to say, all of us, have learned to be flexible with ourselves, our own families, our colleagues and our students. Let's keep using the "F" word. It is a good one!

Another thing that I must emphasize is that I have learned more this year from my amazing colleagues than any other year I can remember; and I have been at this gig for a long time! We have collaborated so much this year, teaching one another remote learning strategies, technologies, engaging warm-ups, time-saving tricks and more. We have challenged each other to study our respective contents and engage in difficult conversations in order to teach lessons that are inclusive, truthful, fair and which encourage our students to join us on our collective journey toward antiracism. We have attended seminars and faculty meetings that offered frequent and firm reminders of our responsibility to dismantle systems of racism and eliminate the opportunity gaps. And, what I have realized again and again, is that the only way to do this is to take the time to develop relationships with each student. This has been hard during YOR, and I cannot proclaim that I have found that magic ingredient or have been completely successful. However, I do feel confident that my students know that I respect and love them as unique and amazing individuals worthy of dignity. I am a better teacher because of them, and maybe, just maybe, because of this whole YOR experience. The end of YOR is in sight now. We can all let out a happy cheer and collective sigh of relief. When we look back on this year, I hope to remember it as a year of growth.

And most importantly, our students hung in there with us. They deserve the real praise!

Shepherding Scholarship Applications Through: Meet BHS Counselor Sonja Petersen

Sonja is one of 6 school counselors at BHS. This is her 4th year at Ballard, and 13th year as a school counselor. Prior to Ballard, she worked primarily as a middle school counselor in the Issaquah School District. Sonja lives in North Seattle with her husband and two kids, Hanna (9) and Bjorn (5). She is an avid soccer fan and traveler with a trip planned to Greece and Turkey for whenever it's safe to go abroad again. She married into a family of Golden Beavers, including a 106-year old great aunt who was in the BHS Class of 1933!



Looking for more information about BHS?

Check out these sites:

Ballard Performing Arts:
www.ballardperformingarts.org

BHS Athletic Booster Club:
ballardathletics.com

Ballard High School Foundation:
ballardhighschoolfoundation.org

Ballard High School main site home page
- includes links for school activities, special programs, news, newsletters, and more:
ballardhs.seattleschools.org

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